



FOREST LAKES FIRE DEPARTMENT

In House Training Schedule

January 2018 - December 2018

Training Monday's @ 2pm

January 1, 2018 **NO TRAINING - HOLIDAY**

January 08 , 2018 2.5hr **Report Writing**

- EMS Incident Report
- Incident Billing Form
- NFIRS

January 15, 2018 **NO TRAINING HOLIDAY**

January 22, 2018 2.5hr **EMS- Airway Equipment Review**

- Portable O2 cylinder set up/operation:
 - Nasal Cannula, Mask- Peds Adult, Non-Re-breather
 - BVM Device operation with O2 cylinder
 - Oral Airway-Sizing and insertion
 - Nasal Airway - Sizing and insertion
- Main O2 and O2 operations in Rescue 1211.
 - Equipment location and set up ops
- Suction unit set up/operation Battery and Manual units
 - Catheter Rigid/Flexible

January 29, 2018 2.5hr **EMS Baseline Vitals (S.A.M.P.L.E)**

- Manual Assessment
 - Pulse rate
 - Respiratory rate
 - Lung sounds
 - Skin Temp/Color
 - Pupils
 - SaO2
 - Caps
- IV Set Up
 - Basic Tubing
 - Blood Tubing
 - Start Kit

February 05, 2018 2.5hr **EMS Splinting/Pt Assessment**

- Identification and assisted application
 - Flexible
 - Rigid
 - Air Splints
 - Sling
 - Hare Traction

February 12, 2018 2.5hr EMS-C-Spine Immobilizing/Pt Assessment

- Gurney Operation
 - Utilize with C-Spine ops
- C-Spine Longboard
 - Pt Package & Assessment practice
 - Lifting/Moving pt

February 19, 2018 NO TRAINING

February 26, 2018 2.5hr Blood born/Hazardous Communications 29CFR1910.1200

Outlined TBA

- Haz-Communications
 - Haz-Com Standard
 - Rights & Responsibilities
 - Occupational Exposures
 - PPE and Eye protection
 - Safety & Health

March 05, 2018 2.5hr EMS – Driver Training (Rescue 1211)

- Ambulance Operations
 - Code-2, Vitals during Transport
 - Exterior equipment/operation
 - Interior equipment/operation
 - Driver Training (certified drivers)
 - B/P training for non certified drivers

March 12, 2018 2.5hr EMS- Monitor - AED/Manual Vitals

- Monitor Operation
 - Basic operational features
 - Basic Vitals
 - Leads application/configuration
- AED operation
 - Basic Operational Features
- Vital signs practice (Complete set)
 - Manual B/P-and by Palpation

March 19, 2018 2.5hr Report Writing

- EMS Incident Report
- Incident Billing Form
- NFIRS

March 26, 2018 3.0hr EMT SKILLS ASSESSMENT LABS

- Spinal Immobilization – Supine Patient
- Spinal Immobilization – Seated Patient
- Bleeding Control / Shock Management
- Joint Immobilization
- Long Bone Immobilization

April 02, 2018 2.5hr Helicopter Ops. (Air-Ambulance)

- Helicopter Operations
 - Security
 - Night Operations
 - Communications
 - Response/Approach
 - Landing/Takeoff and departure
 - General Safety Rules
- LZ Selection
 - Surface Selection
 - Location
 - Perimeter

April 09, 2018 2.5hr EMS- Airway Equipment Review

- Portable O2 cylinder set up/operation:
 - Nasal Cannula, Mask- Peds Adult, Non-Re-breather
 - BVM Device operation with O2 cylinder
 - Oral Airway-Sizing and insertion
 - Nasal Airway - Sizing and insertion
- Main O2 and O2 operations in Rescue 1211.
 - Equipment location and set up ops
- Suction unit set up/operation Battery and Manual units
 - Catheter Rigid/Flexible

April 16, 2018 2.5hr EMS Baseline Vitals (S.A.M.P.L.E)

- Manual Assessment
 - Pulse rate
 - Respiratory rate
 - Lung sounds
 - Skin Temp/Color
 - Pupils
 - SaO2
 - Caps

- IV Set Up
 - Basic Tubing
 - Blood Tubing
 - Start Kit

April 23, 2018 2.5hr Injury Management, Basic First aid

- Basic First-Aid
 - Bleeding control
 - Bandaging
 -

April 30, 2018 2.5hr EMS Splinting/Pt Assessment

- Identification and assisted application
 - Flexible
 - Rigid
 - Air Splints
 - Sling
 - Hare Traction

May 07, 2018 2.5hr EMS-C-Spine Immobilizing/Pt Assessment

- Gurney Operation
 - Utilize with C-Spine ops
- C-Spine Longboard
 - Pt Package & Assessment practice
 - Lifting/Moving pt

May 14, 2018 2.5hr EMS – Driver Training (Rescue 1211)

- Ambulance Operations
 - Code-2, Vitals during Transport
 - Exterior equipment/operation
 - Interior equipment/operation
 - Driver Training (certified drivers)
 - B/P training for non certified drivers

May 21, 2018 2.5hr EMS- Environmental Emergencies (Heat Related)(Bites-Stings)

- Heat exhaustion
 - Signs & Symptoms
 - Initial Assessment
 - Detailed exam
 - Ongoing assessment
- Stroke
 - Signs & Symptoms
 - Initial Assessment
 - Detailed exam
 - Ongoing assessment

May 28, 2018 **NO TRAINING - HOLIDAY**

June 04, 2018 **2.5hr** **EMS- Monitor/AED/Manual Vitals**

- Monitor Operation
 - Basic operational features
 - Basic Vitals
 - Leads application/configuration
- AED operation
 - Basic Operational Features
- Vital signs practice (Complete set)
 - Manual B/P-and by Palpation

June 11, 2018 **2.5hr** **Report Writing**

- EMS Incident Report
- Incident Billing Form
- NFIRS

June 18, 2018 **2.5hr** **EMS- Airway Equipment Review**

- Portable O2 cylinder set up/operation:
 - Nasal Cannula, Mask- Peds Adult, Non-Re-breather
 - BVM Device operation with O2 cylinder
 - Oral Airway-Sizing and insertion
 - Nasal Airway - Sizing and insertion
- Main O2 and O2 operations in Rescue 1211.
 - Equipment location and set up ops
- Suction unit set up/operation Battery and Manual units
 - Catheter Rigid/Flexible

June 25, 2018 **2.5hr** **Haz-Mat First Responder Refresher**

- Recognition-Identification
 - Placards, Labels, Markings
 - Container Shape and Sizes
- Health & Safety-(PPE)
 - Exposure, Contamination
 - Medical Surveillance
- ERG
 - ERG Manual Refresher
 - Chemical ID
 - Response Exercise
 - Isolate, Evacuate, Deny Entry

July 02, 2018 2.5hr EMS Baseline Vitals (S.A.M.P.L.E)

- Manual Assessment
 - Pulse rate
 - Respiratory rate
 - Lung sounds
 - Skin Temp/Color
 - Pupils
 - SaO2
 - Caps
- IV Set Up
 - Basic Tubing
 - Blood Tubing
 - Start Kit

July 09, 2018 2.5hr EMS Splinting/Pt Assessment

- Identification and assisted application
 - Flexible
 - Rigid
 - Air Splints
 - Sling
 - Hare Traction

July 16, 2018 2.5hr EMS-C-Spine Immobilizing/Pt Assessment

- Gurney Operation
 - Utilize with C-Spine ops
- C-Spine Longboard
 - Pt Package & Assessment practice
 - Lifting/Moving pt

July 23, 2018 2.5hr EMS- Driver Training (Rescue 1211)

- Ambulance Operations
 - Code-2, Vitals during Transport
 - Exterior equipment location/operation
 - Interior equipment location/operation
 - Driver Training (certified drivers)
 - B/P training for non certified drivers

July 30, 2018 2.5hr EMS- Environmental Emergencies (Heat Related)(Bites-Stings)

- Heat exhaustion
 - Signs & Symptoms
 - Initial Assessment
 - Detailed exam

- Ongoing assessment

- Heat Stroke
 - Signs & Symptoms
 - Initial Assessment
 - Detailed exam
 - Ongoing assessment

Aug 06, 2018 2.5hr EMS- Monitor/AED/Manual Vitals

- Monitor Operation
 - Basic operational features
 - Basic Vitals
 - Leads application/configuration
- AED operation
 - Basic Operational Features
- Vital signs practice (Complete set)
 - Manual B/P-and by Palpation

Aug 13, 2018 2.5hr Report Writing

- EMS Incident Report
- Incident Billing Form
- NFIRS

August 20, 2018 2.5hr 2.5hr Haz-Mat First Responder Refresher

- Recognition-Identification
 - Placards, Labels, Markings
 - Container Shape and Sizes
- Health & Safety-(PPE)
 - Exposure, Contamination
 - Medical Surveillance
- ERG
 - ERG Manual Refresher
 - Chemical ID
 - Response Exercise
 - Isolate, Evacuate, Deny Entry

- [Patient Assessment – Medical](#)
- [Patient Assessment – Trauma](#)
- [Cardiac Arrest Management / AED](#)
- [Pediatric Respiratory Compromise](#)
- [Supraglottic Airway Device](#)

August 27, 2018 2.5hr EMS- Airway Equipment Review

- Portable O2 cylinder set up/operation:
 - Nasal Cannula, Mask- Peds Adult, Non-Re-breather
 - BVM Device operation with O2 cylinder
 - Oral Airway-Sizing and insertion
 - Nasal Airway - Sizing and insertion
- Main O2 and O2 operations in Rescue 1211.
 - Equipment location and set up ops
- Suction unit set up/operation Battery and Manual units
 - Catheter Rigid/Flexible

September 3, 2018 **NO TRAINING**

September 10, 2018 2.5hr EMS Baseline Vitals (S.A.M.P.L.E)

- Manual Assessment
 - Pulse rate
 - Respiratory rate
 - Lung sounds
 - Skin Temp/Color
 - Pupils
 - SaO2
 - Caps
- IV Set Up
 - Basic Tubing
 - Blood Tubing
 - Start Kit

September 17, 2018 2.5 Injury Management, Basic First aid

- Basic First-Aid
 - Bleeding control
 - Bandaging

September 24, 2018 2.5hr EMS-C-Spine Immobilizing/Pt Assessment

- Gurney Operation
 - Utilize with C-Spine ops
- C-Spine Longboard
 - Pt Package & Assessment practice
 - Lifting/Moving pt

October 01, 2018 2.5 Blood born
Outlined TBA

October 08, 2018 2.5hr EMS- Monitor/AED/Manual Vitals

- Monitor Operation
 - Basic operational features
 - Basic Vitals
 - Leads application/configuration
- AED operation
 - Basic Operational Features
- Vital signs practice (Complete set)
 - Manual B/P-and by Palpation

October 15, 2018 2.5hr EMS- Driver Training (Rescue 1211)

- Ambulance Operations
 - Code-2, Vitals during Transport
 - Exterior equipment location/operation
 - Interior equipment location/operation
 - Driver Training (certified drivers)
 - B/P training for non certified drivers

October 22, 2018 2.5hr EMS- Airway Equipment Review

- Portable O2 cylinder set up/operation:
 - Nasal Cannula, Mask- Peds Adult, Non-Re-breather
 - BVM Device operation with O2 cylinder
 - Oral Airway-Sizing and insertion
 - Nasal Airway - Sizing and insertion
- Main O2 and O2 operations in Rescue 1211.
 - Equipment location and set up ops
- Suction unit set up/operation Battery and Manual units
 - Catheter Rigid/Flexible

October 29, 2018 2.5hr Report Writing

- EMS Incident Report
- Incident Billing Form
- NFIRS

November 05, 2018 2.5hr EMS Baseline Vitals (S.A.M.P.L.E)

- Manual Assessment
 - Pulse rate
 - Respiratory rate
 - Lung sounds
 - Skin Temp/Color
 - Pupils
 - SaO2
 - Caps
- IV Set Up
 - Basic Tubing
 - Blood Tubing
 - Start Kit

November 12, 2018 2.5hr EMS Splinting/Pt Assessment

- Identification and assisted application
 - Flexible
 - Rigid
 - Air Splints
 - Sling
 - Hare Traction

November 19, 2018 HAPPY HOLIDAYS !!!!!!!!- NO TRAINING

November 26, 2018 2.5hr EMS-C-Spine Immobilizing/Pt Assessment

- Gurney Operation
 - Utilize with C-Spine ops
- C-Spine Longboard
 - Pt Package & Assessment practice
 - Lifting/Moving pt

December 03, 2018 2.5hr EMS- Monitor/AED/Manual Vitals

- Monitor Operation
 - Basic operational features
 - Basic Vitals
 - Leads application/configuration

- AED operation
 - Basic Operational Features

December 10, 2018 2.5hr EMS- Driver Training (Rescue 1211)

- Ambulance Operations
 - Code-2, Vitals during Transport
 - Exterior equipment location/operation
 - Interior equipment location/operation
 - Driver Training (certified drivers)
 - B/P training for non certified drivers

December 17, 2018 2.5hr EMS – Patient Assessment’s

- Medical Patient Assessment
- Trauma Patient Assessment

December 24, 2018 HAPPY HOLIDAYS !!!!!!!!!- NO TRAINING

December 31, 2018 HAPPY HOLIDAYS !!!!!!!!!- NO TRAINING